



10 MUST ASK QUESTIONS

WHEN HIRING YOUR NEXT CHIROPRACTOR

NOBODY SHOULD HAVE TO LIVE WITH CHRONIC
PAIN AND STRUGGLE TO FIND A PRACTITIONER
THAT CAN HELP THEM LONG-TERM.

You want to be listened to by your practitioner, which is why we created this resource to help you interview the best chiropractor. Helping you direct the course of your healing.



1

What are you trying to achieve with chiropractic treatment?

Questions to ask yourself:

Determining why you are seeking chiropractic care is critical to your success. Asking questions like: What is the outcome that I want? What goal do I want to achieve with chiropractic care? Do I only want to relieve the pain? Do I need a structural correction? Am I aiming for overall improved well being? The goal will determine the treatment options. Including if you will need X-rays, a, MRI, blood work, or to complete additional questionnaires. Each will be used to accurately diagnose and create a treatment protocol.

2

Do you do the same adjustments over and over?

Answers to listen for:

Each patient has individual needs. Many times it may seem that the practitioner is doing the same adjustments. Especially when dealing with postural patterns that have been there for years. However, as the patient begins to have changes in their condition the type and or level of the adjustments could and should change. However, upper cervical specific chiropractors will do the same adjustment each time manipulating specifically the first two vertebrae in the neck.



3

Is pain relief possible in one visit?

Answers to listen for:

Many times yes. Sometimes it is surprisingly easy to get relief quickly. But pain relief and resolving a condition are two very different issues. Also, pain relief may take longer for some patients depending on how long a condition has been present. Other factors must also be considered such as how long the pain has been an issue. Is there an injury to consider. Is inflammation causing pain, and if so, the inflammation needs to decrease in order to ease the pain.

4

Do you adjust more than just my spine?

Answers to listen for:

Yes, chiropractors adjust extremities from hips and shoulders to toes and fingers. Muscles may also be addressed depending on the condition. A whole body adjustment is what differentiates chiropractic care from traditional medicine which tends to focus on symptoms rather than the whole picture.

CHIROPRACTIC
& WELLNESS



5

What does chiropractic care cost?

Answers to listen for:

Chiropractic treatment cost varies as much as treatment style. Some specific questions to ask would be:

Do you take insurance? If so, how is that billed and how does payment work with insurance?

Do I need to meet my deductible? How do I find out what my deductible is?

What happens if I've met my deductible? How can I determine if you are in my network?

Are there any additional costs that may not be covered by my insurance? (be sure to get this in writing)

6

How much time do you spend with your patients?

Answers to listen for:

The initial consultation and exam can last between 30-60 minutes. A regular visit can last as little as 5 minutes to more depending on the practitioner and other therapies being done.



7

What does chiropractic care cost?

Answers to listen for:

Chiropractic treatment cost varies as much as treatment style. Some specific questions to ask would be:

Do you take insurance? If so, how is that billed and how does payment work with insurance?

Do I need to meet my deductible? How do I find out what my deductible is?

What happens if I've met my deductible? How can I determine if you are in my network?

Are there any additional costs that may not be covered by my insurance? (be sure to get this in writing)

8

How much time do you spend with your patients?

Answers to listen for:

The initial consultation and exam can last between 30-60 minutes. A regular visit can last as little as 5 minutes to more depending on the practitioner and other therapies being done.



9

What makes you different from other chiropractors?

Here is our answer:

Dr. Scott looks at as many different contributing factors to determine those leading to the patient's current symptoms. Pain can show up in a body but also not be the only area being affected. Hence other techniques may need to be utilized to resolve all the areas of concern. Dr. Scott encourages his patients to learn to listen to their bodies and understand the messages being communicated, including those that are not painful. As patients begin to tune into messages it is easier for them to understand the underlying problem. More often than not, the problem stems from something other than what was originally self-diagnosed.

10

Do I need to sign up for a package in order to get treatment?

Answers to listen for:

Patient treatments are and should be individualized to the patients' wants and needs. Before entering into a package agreement be sure to understand:

What is covered under the package.

The length and terms of the contract.

Cancellation and refund policies.



Want to interview Dr. Scott Kircher?

Schedule your Initial
Consultation Today!

drscottkircher.com

720-343-8484

